



# Rocklin High School & Community Blood Drive

Located on the Bloodmobiles at Rocklin HS  
**Wednesday, May 11 / 8:00 am to 1:00 pm**

[Click here to make an appointment](#)

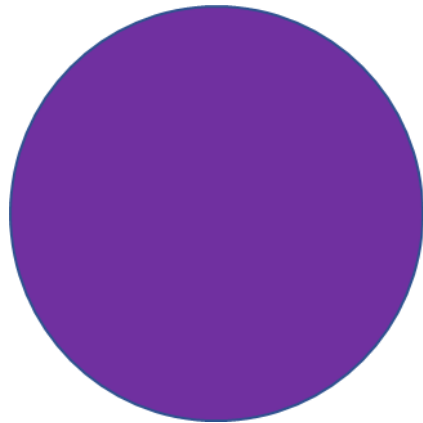
Or log onto: [Donors.vitalant.org](https://Donors.vitalant.org), Click on Blood Drive Code, Enter Blood Drive Code: SMFI073

**Free T-shirt to all participants!**

**16 year old students need a signed Vitalant Parent Consent Form**

**Tips for your donation:**

- Please bring a Photo I.D.
- Drink plenty of water the day before and day of donation – drink two to three 8-ounce bottles of water two hours prior to donation.
- Eat a hearty meal two hours before your donation.



**GIVE BLOOD** Vitalant.org

**vitalant**<sup>SM</sup>